



HOT MARKET  
SANDWICH

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL

Paprika Marinated Chicken served with Savoury Vegetable Rice

Pork Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Crispy Topped Shepherds Pie served with Seasonal Vegetables

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy

Fish Fingers or Sausages served with Chips, Garden Peas or Baked Beans & Ketchup

### MEAT FREE

Cheese & Tomato Swirl served with Savoury Vegetable Rice

Quorn Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Crispy Topped Shepherdless Pie served with Seasonal Vegetables

Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

### LUNCHTIME LUNCHBOX

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

### DESSERTS

Choose One of Our Fabulous Desserts  
Vanilla Crunch  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Jam & Coconut Sponge  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Vanilla Ice cream  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Caramel Mousse with Bananas  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Oat Raisin Cookie & Fruit Sauce  
Fruity Jelly  
Fresh Fruit Pot

Making lunchtime the **highlight** of your day



HOT MARKET  
SANDWICH

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL

Parmigiano Chicken Melt served with Baked Wedges, Peas & Sweetcorn

Greek Style Chicken Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks

Baked Sausage Roll served with New Potatoes & Spaghetti Hoops

Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Breaded Fish Fingers or Sausages served with Chips, Garden Peas or Baked Beans & Ketchup

### MEAT FREE

Traditional Macaroni Cheese served with Wholemeal Garlic & Herb bread, Seasonal Vegetables

Greek Style Vegetable Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks

Baked Vegan Roll served with New Potatoes & Spaghetti Hoops

Quorn Fillet served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

Jacket Potato with Choice of Toppings Or Pasta & Tomato Sauce with Salad

### LUNCHTIME LUNCHBOX

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette Tortilla Chips Duo of Salad Sticks

### DESSERTS

Choose One of Our Fabulous Desserts Strawberry Mousse with Mixed Berry Compote Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Jammie Biscuit Fruit Yoghurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Sticky Pineapple Cake Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Vanilla Muffin Fruit Yoghurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot

Making lunchtime the **highlight** of your day



## HOT MARKET

### SANDWICH

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

### MAIN MEAL

Meat Wholemeal  
Pizza served with  
Baked Baby Potatoes,  
Peas & Sweetcorn

Warm Chicken Baguette  
served with  
Selection of Sauces  
Potatoes Wedges &  
Crunchy Veg Sticks

Beef Bolognese  
served with Spaghetti,  
Wholemeal Garlic &  
Herb bread, Seasonal  
Vegetables

Sausage Roast  
served with  
Potatoes, Carrots,  
Cabbage, Yorkshire  
Pudding and Gravy

Breaded Fish Fillet or  
Sausages served with  
Chips, Garden Peas or  
Baked Beans  
& Ketchup

### MEAT FREE

Margherita  
Wholemeal Pizza  
served with  
Baked Baby Potatoes,  
Peas & Sweetcorn

Crispy Vegetable  
Bite Baguette  
served with  
Selection of Sauces  
Potatoes Wedges &  
Crunchy Veg Sticks

Plant Based Bolognese  
served with Spaghetti,  
Wholemeal Garlic &  
Herb bread, Seasonal  
Vegetables

Quorn Sausage  
Roast served with  
Potatoes, Carrots,  
Cabbage, Yorkshire  
Pudding and  
Gravy

Cheese, Onion &  
Mixed Pepper Roll  
served with Chips,  
Garden Peas or  
Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with  
Choice of Toppings  
Or  
Pasta & Tomato Sauce  
with Salad

Jacket Potato with  
Choice of Toppings  
Or  
Pasta & Tomato Sauce  
with Salad

Jacket Potato with  
Choice of Toppings  
Or  
Pasta & Tomato Sauce  
with Salad

Jacket Potato with  
Choice of Toppings  
Or  
Pasta & Tomato Sauce  
with Salad

Jacket Potato with  
Choice of Toppings  
Or  
Pasta & Tomato Sauce  
with Salad

### LUNCHTIME LUNCHBOX

Choice of Ham, Cheese  
or Tuna Mayo Baguette  
Tortilla Chips  
Duo of Salad Sticks

Choice of Ham, Cheese  
or Tuna Mayo Baguette  
Tortilla Chips  
Duo of Salad Sticks

Choice of Ham, Cheese  
or Tuna Mayo Baguette  
Tortilla Chips  
Duo of Salad Sticks

Choice of Ham, Cheese  
or Tuna Mayo Baguette  
Tortilla Chips  
Duo of Salad Sticks

Choice of Ham, Cheese  
or Tuna Mayo Baguette  
Tortilla Chips  
Duo of Salad Sticks

### DESSERTS

Choose One of Our  
Fabulous Desserts  
Sprinkle Cookie  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Chocolate Crunch  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Chocolate Mousse with  
Orange Wedge  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Flapjack  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Victoria Sponge  
Fruity Jelly  
Fresh Fruit Pot

Making lunchtime the **highlight** of your day